

Citymoves Dance Agency have a variety of classes on during July. Please book via our website.

All classes must be booked and paid prior to attending.

Our new term begins Monday 16th August. The timetable will be available soon.

TUESDAY

10am - 11am DANCE FITNESS with Kirsty
Anatomy Rooms Studio £7/£6.50

12.30pm - 1.30pm TAI CHI with Matthew
Anatomy Rooms Studio £7/£6.50

4.45pm - 5.45pm STRIVE with MC
Anatomy Rooms Studio £/Free

6.30pm - 7.30pm BALLET with Wai Lum
Anatomy Rooms Studio £7/£6.50

Contact Us

The Anatomy Rooms Studio/Office

Shoe Lane

Marischal College

ABERDEEN

AB10 1AN

01224 984159

citymoves.org.uk

The Schoolhill Studio

Triplekirks, Top Floor,

Schoolhill,

Aberdeen,

AB10 1JS

Email: citymoves@citymoves.org.uk

WEDNESDAY

10am - 10.45am MATURE MOVES
with Hazel
Anatomy Rooms Studio £4

11am - 12pm DANCE FITNESS with Hazel
Anatomy Rooms Studio £7/£6.50

7pm - 8.30pm YOGA with Martin
Anatomy Rooms Studio £9/£7.50

*Taster Classes.

Moving with My Mini Me 18 months – 3yrs
Fun friendly classes to meet other
parents/carers and toddlers whilst introducing
your mini me to dance. Explore movement
through music, imaginative stories and the use
of props.

Mini Moves 3-5yrs

Fun filled classes to capture the incredible
imagination of your child. Our classes will help to
enrich your child's social development and
enhance their focus, coordination and
concentration. We use lots of colourful props
and a variety of music to help engage your
child's creativity and explore movement.

THURSDAY

10am - 10.45am MINI MOVES*
Schoolhill Studio £4

11am - 11.45am MOVING with MY MINI ME*
Schoolhill Studio £4

3.45pm - 4.45pm STRIVE with Kirsty
Anatomy Rooms Studio £/Free

5pm - 6pm CAPOEIRA**
Anatomy Rooms Studio £7/£6.50

6.15pm - 7.15pm BALLET with Teegan
Anatomy Rooms Studio £7/£6.50

**This capoeira class is suited for anyone
(any level) wanting to learn about this diverse
Brazilian martial art that combines dance,
acrobatics and music. The class kicks off
with a warmup and stretching, followed by
movement sequences, and ends with
percussion. No prior experience/knowledge
required.



@citymovesdance