

CITYMOVES

DANCE AGENCY SCIO

Guidelines for accessing the Anatomy Rooms Studio Classes in accordance with Safe Practice for Covid 19 and Social Distancing

1. All classes will be held at the Anatomy Rooms.
2. Numbers will be capped at a maximum of 14 participants in any class.
3. Do not come to Citymoves if you have a cough, a fever, or have noticed any changes to your sense of smell or taste. In fact, if you are suffering from any ailments which could make other participants or tutors feel uncomfortable, then we suggest that you do not attend. If any staff or tutors notice that you seem unwell, we may politely request that you leave the studio.
4. In order to minimise contact with studio assistant and to remove cash handling, **booking for any class must be made in advance**, through our Mindbody booking system online, or by calling the studio on 01224 984159 – Monday or Tuesday mornings between 10am and 12 noon. No drop in participants will be able to join a class, and no cash payments can be taken. Link to classes to copy to your web browser <https://clients.mindbodyonline.com/classic/mainclass?studioid> or [Click Here To Book In Now](#). You can use your own email address and create your own password to book regularly through this site.
5. Classes for next term will be available for booking from Thursday 15th October.
6. Please do not arrive for class more than 10 minutes ahead of start time, as we require time between classes to avoid crossover of participants and to do necessary cleaning.
7. Masks should be worn when entering the building until your class commences (we do not require you to wear a mask during a class unless you feel more comfortable doing so). Masks to be put on again when exiting the building.
8. Toilets and changing areas will be restricted to 2 people at a time.
9. Individual chairs will be spaced out on our raised seating platforms for participants to leave their personal belongings. These will be wiped down between uses. No belongings to be left in the changing room area.
10. Dance floor will be mopped each morning prior to classes commencing, and also in between any classes where participants will possibly have been rolling on or touching the dancefloor (e.g. Contemporary).
11. Please arrive as prepared as possible for your class and if possible, bring your own water bottle, as we cannot provide cups.
12. Please sanitise your hands-on arrival at the studio and again when leaving, or hand washing available in toilets and in the studio with paper towels. Soap and hand sanitiser will be available.
13. We will use your registration for class as our track and trace system, so if anyone notifies us that they have tested positive the virus, we can tell who has spent more than 15 minutes in proximity to them and can notify them if required. Should this happen, the studio will close for 3 days to allow for a deep clean.
14. We will mark out 2 metre spacing on the dance floor as a visual aid and reminder about social distancing.
15. Please respect our staff, tutors, and other participants by adhering to these guidelines and maintaining your distance from others.
16. We politely request that after your class, you leave the building promptly to allow us to clean and prepare the studio for the next class.